

BAR HILL NEWS

February 2019; Issue 66.

YOUR REBRANDED 'FETE AND FESTIVAL 2019'

The fete committee have been hard at work trying to accommodate the suggestions we've had regarding the village fete. We have therefore rebranded as the 'Fete and Festival'. We have a brand new website – www.barhillvillagefete.co.uk. Please check it out. You will shortly be able to book a stall via the website. You can also use the website to provide any comments or communicate to the fete and festival committee.

One thing you've said you want more demonstrations and things to do – do you have any ideas or can you help out with a demo, show off your skills or even better teach others to do it? Contact us at: webmaster@barhillvillagefete.co.uk.

YOUR BAR HILL NEWS NEEDS YOUR HELP

Help is needed with the printing and delivery of the Bar Hill News – a few hours a month will make sure it gets printed. Contact the Residents Association, all details in the inside front cover.

Look forward to hearing from you!

— FAMILY HISTORY SESSIONS — BAR HILL LIBRARY

Caroline Norton, from the Cambridgeshire Family History Society will be running drop-in sessions on the following Mondays, 10am – 4pm during 2019:

21 January, 18 March, 20 May, 15 July, 16 September and 18 November.

Caroline is a very experienced researcher and can help with getting started, finding ways to move on if you've got 'stuck' and advice on resources and websites to use. Why not come down and see if she can help. It's free!

UPCOMING MEETINGS re 2019 FETE AND FESTIVAL

All meetings start at 7.30pm in the Social Club:

13th March

10th April

8th May

12th June

Please do come along and help make the Fête a community event to be proud of. A little of your time could be invaluable; there are jobs as small as putting out cones or putting up posters, to big jobs like coordinating bookings. There's something to suit all levels of expertise and time. Please help bring the community spirit back to Bar Hill!

THE BLACK HORSE, DRY DRAYTON

We re-opened last Summer following refurbishment and we are delighted to have met many people from Bar Hill who have already visited. However, we are still hearing that people don't know that the pub is open again so we thought it would be a good time to let you know!

We have spent quite some time making the pub light and bright to create a bit of a contemporary feel yet retaining much of the character and charm of such an old building. We think that we now have a pub that is relaxed and welcoming.

Not just a pub...we offer tea, coffee and cake all day, light lunches (perhaps with a glass of wine!) and have home-cooked pub food in the evenings. On Saturdays we have an all day "It's the Weekend!" menu and serve a traditional roast for Sunday lunch. Families and dogs are welcome (we have met a lot of your lovely dogs already!) and we hope that we provide something for everyone.

For your information, our opening hours are:

Wednesdays and Thursdays: 10am–4pm and 6–9pm,

Fridays: 10am–4pm and 6–11pm,

Saturdays: 11am–11pm,

Sundays: 12noon–5pm.

The kitchen is open from 12.30–2.30pm for lunch on weekdays, and evening meals from 6–8pm, from 12.30–8pm on Saturdays and 12.30–2.30pm for Sunday lunch.

We also enjoy hosting events at the pub. In February we are pleased to have two live music nights featuring local singers/musicians (The Cyriacs on Saturday 9th and Victor Velocette on Saturday 23rd, free admission btw!) and we'll also have a Valentines Dinner and are planning a Quiz Evening to take place in early March. We'll then be heading into Spring and the pub garden will be ready and waiting for you!

For more information, enquiries or bookings, please contact us on 01954 488150,

email amanda@blackhosedrydrayton.com or check out our website www.blackhosedrydrayton.com. We look forward to welcoming you to the Black Horse sometime soon.

Amanda and Colin O'Neill

... did you know ...

20% of China's plants are used in medicine?

— RESIDENTS' ASSOCIATION —

Interested persons are always welcome at Residents' Association meetings.

Next meeting: 5th February at 7.30pm in the Parish Council Office.



A VERY HAPPY NEW YEAR TO ALL RESIDENTS,
FROM THE TEAM THAT BRINGS YOU THE BAR HILL NEWS

Deadline for March's edition: 15th February to bhneditor@yahoo.com
or see page 2 for other contacts.

— BAR HILL RESIDENTS' ASSOCIATION —

17-18 COMMITTEE:

Chair	Roger Hall	01954 780304	
Vice chair	Kate DaCosta		kjdacosta@outlook.com
Secretary	Anil Pallan	01954 782736	
Treasurer	Ann Bensted		ab10034@cam.ac.uk
Data Protection Officer	Richard Hayden	07462 724706	rxh321@gmail.com
Other Committee members:	Bunty Waters	01954 201421	bunty.waters@ntlworld.com
	Mike Nelson		mike@machineconcepts.co.uk
	Jo Hall	01954 780304	
	Hilary Whipp		hilary.whipp1@gmail.com
	Karen Hayden		kfmh123@gmail.com
	Laura Chapman		laura.katy.foster@gmail.com
	Amber Neale		amberscott2015@gmail.com

BAR HILL NEWS:

Editor: Jan Cundy jan_cundy@yahoo.com
 Advertising Coordinator: Ann Bensted ab10034@cam.ac.uk

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator at: ab10034@cam.ac.uk. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com [a Word file is best, please] or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442
www.mhmaple.co.uk

Out of Hours Emergencies call 111
 (Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday	8am – 6.30pm
<i>On the day appointments: bookable by phone at 8.30am.</i>	
Midwife	Monday 9.30am–12.30pm
Podiatrist	Wed. & Friday 8.45am–12 noon and 1.00–4.00pm
Cambs Hearing Help	4th Tues/month 9.30–11.30am
Health Visitors (based at Longstanton):	01954 207612
Well Child Clinics:	3rd Tues/month 1.00–2.30pm

at the Children's Centre, Bar Hill (next to Primary School).

— BAR HILL HEALTH WALKS —

Free every Wednesday morning
 Meet at Maple Surgery at 10.30am

Our walks are all weather (*in case of rain you will find us under the Church porch*), free, and accessible to all, particularly those who are currently inactive. Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss. We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox. If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108;
 E: jopowell45@hotmail.com or Patricia Daniels
 T: 07917 874402; E: danielsoohn@btinternet.com.

BOARD GAMES & NOVELS IN COMIC-BOOK FORM

Have you any of these you do not want? On days of winter when children at Bar Hill School cannot play outside due to inclement weather, board games and novels are useful to entertain them during the morning and lunchtime breaks. If you have any, please deliver to Jo Hall, 11 Almond Grove, or to the school. Any buttons, embroidery cotton and ribbon would be appreciated.

SUMMIT LANDSCAPES

• Paving • Driveways • Brickwork •
 • Carpentry • Groundworks • T: 01223 929394;
www.landscapingpaving.co.uk



— NWR —
**CONNECTING WOMEN WHO ARE
 INTERESTED IN EVERYTHING
 AND TALK ABOUT ANYTHING**



NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

7th February – Natural Phenomena – volcanoes, glaciers, tsunamis, tornadoes and earthquakes

21st February – Hair and Wigs – all about hair and the history of wigs

7th March – Talk by John Drayton, MBE on the Barrington cement works and the archaeology of the site

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Bobby Colver on 01954 781662 or Karen Hayden on 01954 781843.

NWR can also be found on www.nwr.org.uk. Why not have a look!

**BAR HILL
 COMMUNITY
 MARKET**



**Saturday 2nd March
 Saturday 6th April**

Entry is Free

10.30am – 2pm



All profits go to community/charity projects. Refreshments and Soup at Lunchtime with a BBQ if weather permits.

If you wish to be part of the market please contact

Karen Austen 01954 781085;

E: bar.hill.community.market@gmail.com;

Facebook – Bar Hill Community Market

BICYCLE REPAIRS & SERVICING – 07914 655086

— HEALTH AND WELLBEING CLUB —

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: 12th February. Please note there will be no meetings in April or May.

For further information, contact Wendy Arrowsmith on 01954 781381.

— HAPPY HOURS —



Our Club meets on most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm with coffee, tea and light lunches. Our Winter lunch time menu consists of soup and a roll (at £1.50), baked potato with butter (at £1.50) or filled baked potatoes (cheese, tuna mayo or baked beans at £2.50) or a ploughman's lunch (at £2.30).

Our aim is to provide friendship and companionship so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

Coming up:

4th February: Sing-a-long

11th February: Your favourite love story/film/song

18th February: Pictionary

25th February: Did You Know?

4th March: Pancake Art

Wishing you all a very Happy New Year!

Anne Plumb, 01954 780364

— BAR HILL BOOK CLUB —

Next meetings: on Tuesday 26th February at 7.30pm in Bar Hill Sports & Social Club, The Spinney, Bar Hill.

Please join our friendly group, we offer a lovely welcome, good company and great book choices.

Let me know if you would like to join us and

I will arrange a warm welcome.

sheilafarrar@hotmail.co.uk or tel/text: 07920 558319

DRY DRAYTON WOMEN'S INSTITUTE

Our W.I. meets at 2.30pm on the second Tuesday of every month in the Village Hall, High Street, Dry Drayton.

Visitors are always welcome – £5

Contacts: Huguette 01954 781484

Alice 01954 782497

COUNSELLING

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.

Experienced counsellor practising at The Maple Surgery.

Immediate appointments available. Telephone Mark on

07905 833288, E: info@thecambridgecounsellor.co.uk

or visit www.thecambridgecounsellor.co.uk

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school at 8pm. The cost is £10 for the year plus 50p each month to cover the raffle and coffee.

We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal. Our upcoming meetings are as follows:–

7 February – the development of Ely cathedral as we know it today

7 March – history of salt

4 April – Birthday party (members only)

If you'd like further information please phone Barbara on

01954 204171, Adela on 01954 204265, Ann on

01954 204687, or come along to one of our meetings.

We'd be very pleased to meet you.

— LETTERS —

Dear Editor

The concert by "Prime Brass" in February at Bar Hill Church, published in December Bar Hill News, has had to be postponed. A firm date will be announced as soon as possible.

However the Huntingdon Concert will still be coming to perform for us on Saturday 18th May for their regular annual concert.

Thank you to all our loyal supporters and watch this space for an update.

Many thanks

Sue Kenchington

Dear Editor

I felt I have to write to express my own and many other residents complete and utter disgust at the decimation of the hedgerow along the Spine path at Hillcrest.

This beautiful and natural hedgerow which was not in any obvious need of any work or attention, has rather than just being cutback or tidied been completely ripped out for a 50 metre stretch.

What was a fantastic habitat for wildlife, home to countless songbirds and animals including hedgehogs, has been totally destroyed and amounts to little more than wanton vandalism.

Sadly it will take years for this hedge to grow back to anything like it was. And what was a lovely hedgerow, home to wildlife, natural barrier between the houses, and enjoyed by pedestrians along the path is now just an ugly eyesore.

As a resident I do understand that the villages hedges need to be maintained, but as a keen lover of nature and conservation to be quite frank the work done in this case was well over the top and an utter disgrace. I really hope that in the future if the Parish Council has any further plans for hedge work around the village they learn from this and brief their contractors much better so that damage like this can be avoided in the future.

Yours sincerely

Mr J Phillips, Hillcrest resident

Dear Editor

Thanks to a very community spirited resident of Bar Hill, we've had a successful vintage book library created out of the old BT phone box on the spine path, which has been running for nearly a year now. However the parish council has had the phone box on the removal list for a while and it is due to be removed in March of this year. It is sad that we have to say goodbye to something that was such an inspired use of this space, but now all the books will need to be rehomed by the end of February and the phone box cleared. I would like to thank the unknown persons who started it as it was a lovely addition to the village.

There is still hope if a charity or small organisation applies to adopt the phone box, it may still be saved and able to continue.

Best wishes,

Amber Neale

Dear Editor

We used to enjoy walking around Bar Hill because it's clean. Now, it's frustrating that there are pet owners who are very irresponsible to just leave dog poops on the road and on the pavement.

Please would you put a reminder on the Bar Hill News for pet owners to be responsible in picking up their pet's poops to maintain the cleanliness of Bar Hill.

Thank you.

Best regards

Mary Ann Arabe, Watermead

RHYMETIME and STORYTIME



Bring your child or children up to the age of 7 to the Library to share in Rhymetime or Storytime. Enjoy some time with them while they develop their speaking and listening skills.

Sessions are free and there is no need to book.

Rhymetime is for 0-3-year-olds and is held on Tuesdays, from 2.15-2.45pm.

Share with your baby or toddler in

singing rhymes, and meet other parents and carers.

Storytime is for 3-7-year-olds - It is held on the second Saturday each month from 11-11.30am. Bring your child to listen to stories, sing and join in a craft or colouring activity.

Your dates for February

Rhymetime: Tuesday 5, 12, 19 and 26 February, from 2.15-2.45pm.

Storytime: Saturday 9 February, from 11-11.30am.

— COMBERTON RAMBLERS —

Comberton Ramblers walk alternative Sundays between 5-7 miles. We are a friendly/informative group and enjoy exploring the varied countryside in this area.

New walkers are very welcome to join us with up to two free walks, and if you enjoy yourself, we request that you become a member.

Annual membership fee is £8.50 per person.

Our full walks programme and photos can be viewed at: www.combertonramblers.org.uk

For further information please contact Stella on T: 01954 210049 or E: stella.ramblers@hotmail.com

FOR FREE and FOR SALE

Free:

Old upright piano still plays a good tune. Free to anyone who can collect.

For Sale:

Lindam Stair Gate, complete with instructions and fixings, very good condition - £10

Telephone 01954 780298

FOR SALE

Conservatory electric heater excellent condition. £20.00

Phone: 01954 204327

— BAR HILL PARISH COUNCIL —



Sue Bell, Parish Clerk: 01954 780456

e-mail: clerk@barhillpc.org.uk

Please note that the office is normally open to residents between 10am and 12noon, Monday to Wednesday.

Our website is at: www.barhillpc.org.uk

Lost Property – we have a number of items of keys, phones, spectacles and walking sticks that have been left at the Parish Council Office over the last few years – please contact the office between Monday to Wednesday 10am to 12am to claim. We are unable to continue to hold these items and those that we do have will be disposed of by 31 March 2019. Resident are reminded that it is the policy of Bar Hill Parish Council to not respond to anonymous letters/emails/telephone calls. Please give your name, address and if possible email address/telephone number, so that we may contact you to discuss your concerns further/obtain further information etc as necessary. We respect the wishes of residents regarding confidentiality as requested.

Dog Fouling – darker evenings and mornings over the past few months has resulted in an increase in people not clearing up after their pets. Please bag your pet's poo and deposit it in the dog bins we provide, or take it home. It is unacceptable to leave it on paths, roads, verges, open spaces etc. People are urged to report offenders to <https://www.scambs.gov.uk/form-type/report-it> immediately. The District Council has the powers of enforcement on this issue and will be very pleased to receive details. Fines can be hefty! So dog owners – beware!

The **Annual Parish Meeting** at The Octagon will take place in the **Spring**. This is your chance to come along to hear what the Parish Council and many of the village organisations have been doing and what is planned for the future. It's also an open forum for you to raise questions and concerns about the village. Further details regarding speakers etc to follow. Contractors have been in the village cutting back hedges, trees and shrubs in accordance with the planned tree management survey. Work has also commenced on cutting back grass and vegetation on the network of paths around the village. Contractors have undertaken the clearance of some of the areas of bank on the Hollytrees stream, in accordance with statutory regulations, regarding protecting the water voles while major improvement works are carried out to most sections of the banks which is scheduled for January/February, before the breeding season starts. BT have informed the Council that they will remove the decommissioned telephone kiosk at Pheasant Rise by 31 March 2019.

Fly posting is not accepted in Bar Hill – all posters will be removed immediately

Fly-posting is the display of adverts or other promotional materials on buildings or street furniture and is not permitted by the council. It can be difficult and expensive to remove and makes an area look untidy and uncared for. You can report to the enforcing authority, South Cambs District Council, online or by phone quoting exact location, approximate size and numbers of posters or flyers and details of the event or business being advertised. They will arrange for removal as soon as possible: env.health@scambs.gov.uk or Tel: 03450 450063.

If you do have an advertisement for a Bar Hill community

event please contact the Council Office where a copy may be placed in the noticeboard.

Please contact the editor Bar Hill News, bhneditor@yahoo.com to place a note in the next edition of the Bar Hill News by the 15th of the month before publication.

Flytipping is an offence and there are hefty fines for culprits. Please do not leave your waste, including garden waste on parish council land.

Handy telephone numbers/contact details:

Cambs County Council: Births, deaths and marriages; buses; consumer protection; education; libraries; public health; recycling and waste; roads and highways; social care; street lighting; trading standards; transport and travel. Tel 01223 717111

South Cambs District Council: Building control; business rates; car parks; council tax; elections and voter registrations; environmental health; housing and homelessness; leisure centres; licensing; pest control; planning; refuse/bin collection; street cleaning Tel 03450 450500 <https://www.cambridgeshire.gov.uk/council/contact-us/not-sure-which-council-to-contact/>

To report issues on footpaths, public rights of way, and roads <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults>. Tel 01223 717111

Streetlight maintenance <http://www.lightingcambridgeshire.com/contact-us/report-fault.htm> or enquiries@lightingcambridgeshire.com Tel 0800 7838 247. You will need to give the number on the lamp post

Cambridge Water Company (water supply) <http://www.cambridge-water.co.uk> Tel 0800 316 7676

Anglian Water (waste water) <http://www.anglianwater.co.uk/> Tel 0800 145 145

Any concerns about footpaths and road surfaces, including the perimeter road, please contact Cambridgeshire County Council on <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults/>

for streetlight outages please report urgently to Balfour Beatty street light fault reporting form or call 0800 7838247.



"No goal was ever met without a little sweat."

Come down to your local gym

– it's practically on your doorstep –

We specialise in the following Group Fitness Classes:

- Kettlercise
- Boxercise
- Boot-camp circuits
- Muay thai kickboxing
- Barre fitness

For more information visit www.jhfitnessacademy.co.uk

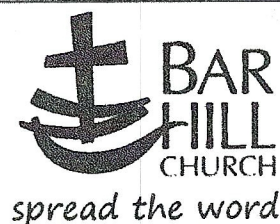
...did you know...

45,000 thunderstorms around the world occur every day?

— Bar Hill Church —

Services during February

Sunday 3 February	10:00 am	Holy Communion (Anglican)
	6:00 pm	Informal Worship
Sunday 10 February	10:00 am	All-together Worship
Wednesday 13 February	10:00 am	Midweek Communion
Sunday 17 February	10:00 am	Holy Communion (Reformed)
Wednesday 20 February	3:15 pm	Messy Church (in the Octagon)
Sunday 24 February	8:00 am	Holy Communion
	10:00 am	Morning Worship



Social Calendar for February

Olive Tree Coffee Morning Saturday 16 February 10:30 -11:30 am in the Meetings Room

Knit & Natter every Thursday 1:15—3:00 pm in the Octagon (contact Sue 01954 780260)

Coffee Stop every Wednesday 10 am - noon in the Library (contact Sue 01954 780260)

Art Group every Wednesday 1:30 - 4:00 pm in the Octagon (contact Jan 01954 201495)

Bring Your Own Craft Group Saturday 23 February (contact Karen 01954 781085)

Church Contacts

Church Office	Ian Pryke	01954 206120	office@barhillchurch.org.uk
Minister	Rev. Charles Mather	01954 277119	charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH		
Website	https://barhillchurch.org.uk	Facebook	https://facebook.com/barhillchurch

Interested in hiring the church facilities?

To hire the rooms in the main church building or the Octagon please contact Ian Pryke in the Church Office using the details above.

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at
Bar Hill School on Wednesdays at 5.30pm or 7.30pm.
Want to lose weight and never feel hungry?
Call Chris on 07779 287055.
No pills or potions, just healthy wholesome food
suitable for all the family.
Website: slimmingworld.com; T: 0844 897 8000.

RAYNERS OF BARTON

• sectional buildings • greenhouses • garages •
• workshops • chalets • log cabins • carports •
• summer houses • concrete, steel or wooden sheds •
• aluminium or hardwood conservatories •
• PVC-U or hardwood windows & doors •
Lance Rayner, 16 Cambridge Road, Barton CB23 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

— Bar Hill Church —

Holiday at Home 2019

An annual event provided for people
who might otherwise find it difficult to get away.

This year: Tuesday 9th – Thursday 11th April

'A Visit to Greece'

in search of heroes and legends
In the Octagon, Bar Hill Church

There is a small charge to cover costs

For more information, contact Sue 01954 780260



Informal



Friendship



Good Food



Entertainment



Craft

— Catholic Church —

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness

Tel: 01223 350787

Local contact: Bunty Waters

Tel: 01954 201421

Mon., Weds., Thurs., Friday

8am & 12.15pm

Tuesday

8am & 7.30pm

Saturday

6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at
Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation

8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday

6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly
newsletter available at the 6pm Mass each Saturday.

Copies are also available in the Church Centre.

Home Visits

I am happy to bring communion to house bound Catholics. I
also visit people at the end of their lives, of any religion or
none, who would welcome support or are distressed
spiritually.

Contact Jean: 07841 397338, Catholic Eucharistic Minister.
Associate Member of the Hospice Chaplaincy Team.

— INDOOR CARPET BOWLS —

We are a mixed group who meet in the school on
Friday evenings during term time from 7.30–10.00pm with a
½-hour break for refreshment – all for £1.50 each evening you
play.

We do not play in any leagues so even if you have never
played before do not be put off. Why not come along and join
us on any Friday evening with your 1st session being free?

We look forward to welcoming you.

If you require any further details please contact Barbara on
01954 204171.

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Mon. (TTO)	Helene's School of Dance	4-6pm
	Craig Burns Boot Camp	6.15-7.15pm
	(TTO) Pilates	7.15-8.15pm
Tue. (TTO)	Over 50's Dance Class	2-3pm
	Shotokan Karate	6-8pm
Wed. (TTO)	Helene's School of Dance	4.30-6.45pm
	Clubercise with Marilyn	7.15-8.15pm
Thur. (TTO)	Pilates	10-11am
	Little Kickers	1.45-2.45pm
	Little Kickers	3.30-4.30pm
	Weight Watchers	7-8pm
Fri.	Martial Arts	6-8pm
Sun.	Bingo	7-9.30pm

(TTO) Term Time only

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill.
For more details contact Julie Marin, Bookings Secretary,
01954 781838 or 07770 687437

CAMBRIDGE PINKS – BREAST CANCER NOW REGIONAL GROUP

Cambridge Pinks had a brilliant third walk on 4th November.

On a rather damp but warm morning we headed off for a leisurely walk along the tow path from Milton Country Park to Cow Hollow Wood in Waterbeach. We saw wildlife, fishermen, joggers, cyclists, and a rowing team. We stopped again at Cow Hollow Wood to enjoy well-earned hot chocolate or tea and salted caramel brownies. Once again, we managed to recruit a lively spaniel, who was more interested in the undergrowth than our picnic! Feeling fully revived we headed back along the river to Milton Country Park, what a perfect way to spend a Sunday afternoon. And with a total raised of £171 for Breast Cancer Now, a very rewarding day.

If you like what you've read, we are going to do the same walk again in 2019. So keep your eye on the press coverage or drop us an email for a registration form and more information:

jo@hartmcleod.co.uk or avrilwilliams04@gmail.com

Avril Williams

Cambridge Pinks – Breast Cancer Now Volunteer Group

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles, cribbage, or enjoy a drink in our quiet lounge bar.



Food available Friday & Saturday 4-10pm; Sunday 2-8pm and a Sunday roast is available every other week, please pre-book. Non-members are welcome – just give us a call 01954 781881.

What's on...

1st Feb	charity quiz for Sarcoma UK; 7.30 registration
2nd Feb	Glamtastic in the village hall from 8pm
9th Feb	membership treasure chest draw
15th Feb	Valentine's disco
23rd Feb	membership treasure chest draw
2nd March	Charity Quiz for Jos Cervical Cancer Trust; 7.30 registration
9th March	membership treasure chest draw
23rd March	membership treasure chest draw
30th March	Greyhound Racing Night in aid of youth cricket club and Harry Searle fundraising

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

Sarah Whitfield, Entertainment Co-ordinator BHSSC



**** SAVE THE DATE ****

THE FIVE PUB CHALLENGE

and

THE MERIDIAN MEANDER

Sponsored Charity 12.5, 18 and 26 Mile Circular Walks

Sunday 12th May 2019

from The Over Day Centre, 1 Dring's Close, Over CB24 5NZ

(For further information contact

amandamonks42@gmail.com or 07891 890302)

S DYE

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484.

— GIRLGUIDING IN BAR HILL —



Run by an incredible team of adult volunteers, our groups support over 120 girls locally. All our meetings are packed with age appropriate activities for girls to participate in and try out, including badge challenges, crafts, games, outings, sleepovers, pack holidays, international trips and community work!

If you would like to join the fun, please e-mail: barhillguiding@icloud.com or you can register online: <https://enquiryvm.girlguiding.org.uk>.

Sarah Rivers, Commissioner

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE



Total Relaxation

at the farmhouse

*The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY*

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

PEASGOOD & SKEATES

THE FAMILY FUNERAL SERVICE

*Personal care & attention
24 hours a day by local, qualified staff*

Traditional & Contemporary Funerals
Memorials
Pre-Paid Funeral Plans
Off Road Parking

617 Newmarket Road
CAMBRIDGE
CB5 8PA

Please call: (01223) 415255
www.peasgoodandskeates.co.uk

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

*Bar Hill Resident
over 30 years*

Local, Honest & Reliable

Free Quotes

Extensions & Conversions

Kitchens & Bathrooms

Driveways & Patios

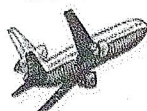
Windows & Doors

Floor & Wall Tiling

Painting & Decorating

hinchliffebuildingservices@gmail.com

AIRPORT CARS CAMBRIDGE



- Long distance journeys and airport transfers
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website www.airportcars.uk.net

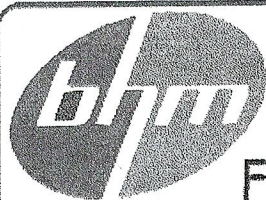
For the most competitive quote call:

VISA



01954 782822 / Mick 07598 313697 enquiries@airportcars.uk.net

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE



Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs



The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment

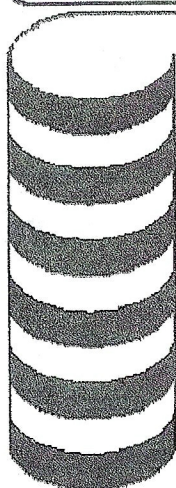
Opening times

Mon. To Fri. 8.00am - 5.30pm

Sat. 8.30am - Noon

Closed Sun.

 **781132**



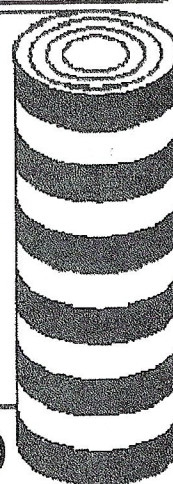
Alan's Carpets

- * Home selection Service
- * Over 40 Years Experience
- * FREE quotes - Priced right
- * Extensive range of Quality Samples
- * Room sized Roll ends - Carpets & Vinyl
- * Orders fitted within days, not months
- * Showroom now open at 1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Shumpton

Phone 01954 232298 or 07790 544250



RedLocks
Locksmiths



Your local locksmith

**Locked out? All locks opened,
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

**SERVICING BAR HILL AND
SURROUNDING AREAS**

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk



01954 266012

www.ask-itsolutions.co.uk

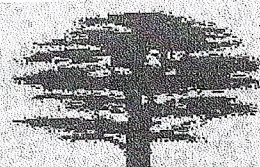
info@ask-itsolutions.co.uk

32 Church Street, Willingham, Cambridge, CB24 5HT

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

HERTS & CAMBS TREE SERVICES

Professional Tree Care

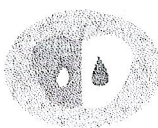


*All aspects of Tree Surgery
Woodland Maintenance and Site Clearance.
Fully Insured*

Summer House Farm, New Road, Melbourn
Royston, Herts SG8 6DL
Tel: 01763 261999 - Mobile: 07968 365833



City &
Guilds
Qualified



APPLETREES

PLUMBING & HEATING



Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing
Radiator Installation and Moving
Heating System Updating and Installation
Heating System Cleaning and Power Flushing
Inspection and Certification
Renewable Energy Specialists

Bathroom Installation
Appliance Installation
Tap repairs
Toilet repairs
Install & repair water storage tanks
Underfloor heating

City and Guilds Qualified and Gas Safe Registered
Office Number – 01353 741236

Local Plumbing and Heating Engineer
Email – info@appletrees.plumbing

BAR HILL SPORTS & SOCIAL CLUB

FOOD IS NOW SERVED

FRIDAY 4PM - 10PM

SATURDAY 4PM - 10PM

SUNDAY 2PM - 8PM

BACON ROLLS ARE AVAILABLE 12-4PM SATURDAY & 12-2PM SUNDAY

Bar Hill Sports & Social Club, The Spinney, Bar Hill, CB23 8SU
01954 781881 bhssc.stewards@btconnect.com

www.barhill.org.uk • 11

CHRIS'S BIKES

Bar Hill's local cycle centre

2 Thornton Way, Girton, CB3 0NJ
(just off Huntingdon Rd)

- Bikes
- Cycling clothing, helmets, gloves
- Bike repair & servicing
- Hire bikes
- Professional, knowledgeable, friendly service
- Wide range of spares/accessories available
- Plenty of parking
- Magura

We now offer bikes and equipment
TAX FREE with the Cycle to Work
(C2W) Scheme

chris@chrisbikes.co.uk

01223 276004



LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls



stamp.electrical@ntlworld.com

SAVOUR
EVERY MOMENT



With our delicious frozen meals and desserts, you've
more time to enjoy the things you love.

For your free brochure visit wiltshirefarmfoods.com
or call 01371 876970

OVER 300 DELICIOUS DISHES

FREE FRIENDLY DELIVERY

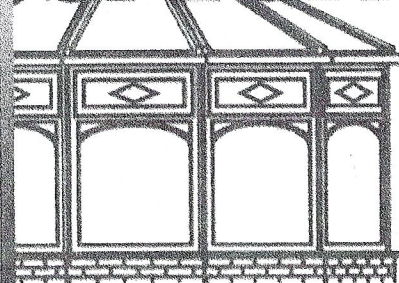
TAUNTON LOCAL SERVICE

WILTSHIRE

FARM

FOODS

SPECTRUM



CONSERVATORIES

WINDOWS

DOORS



MOBILE: 07702 895673

TEL: 01954 789478

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55s CLASS

Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10
CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

AFFORDABLE PLUMBING

**AFFORDABLE SOLUTIONS TO ALL
DOMESTIC PLUMBING
REQUIREMENTS.**



NO JOB IS TOO SMALL.

LOCAL SERVICE.

**G3 CERTIFIED UNVENTED
CYLINDER SERVICE.**

BOILER SERVICING.

**ALL WORK GUARANTEED, CITY AND
GUILDS QUALIFIED, FULLY INSURED.**

MICHAEL

07850 652 838 01223 264 658

Affordableplumbing99@gmail.com

PRE-SCHOOL PLACES AVAILABLE NOW

Leap and Learn are now taking bookings for the 2017/2018 Pre-School Year in Bar Hill
Sessions run from 09:00 – 12:00 / 12:30 – 15:30 or 09:00 – 15:00 Monday to Friday

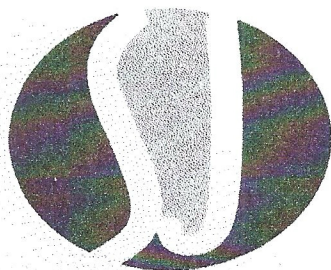
Government funding is available (15 or 30 hours) so in their pre-school year your child
will be eligible for a completely free place. we are recognised as one of the leading pre-school providers
in East Anglia and have worked hand-in-hand with Bar Hill Primary School for 20 years

If your child is starting school in September 2018 then don't miss out, **BOOK YOUR FREE PLACE** today

Call Sally Gedny on 01954 488081
or e-mail info@leapandlearn.co.uk

for more information

www.leapandlearn.co.uk



Steve Jolley
Plastering & Tiling

**33 Field View
Bar Hill
Cambridge
CB23 8SX**

**Home 01954 780445
Mobile 07727 203626**

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

**All plumbing and heating work,
Acorn Avenue, Bar Hill, Cambs,
including power flushing
CB23 8DT**

24 hour service...No call out charges!



23354



026851

Est. 1989



07507774164

or

01954 583512

Email:

info@totalaccessandsecurity.co.uk

CCTV

ALARMS

ENTRY CONTROL



CALL TODAY

**FOR A FREE NO
OBLIGATION**

QUOTE

Properties with no security systems are 5 times more likely to be burgled than those with simple security measures in place.

Protect your home and have peace of mind with our HD CCTV or alarm systems featuring remote viewing from any smart device.

WWW.TOTALACCESSANDSECURITY.CO.UK

**Are you looking for an exciting job role
in the local area?**

Choice Discount Stores Bar Hill are now recruiting.

We have an exciting opportunity for an Assistant Store Manager to join the team at our Bar Hill, Cambridge-shire store.

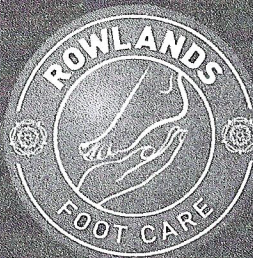
Choice is one of the leading fashion discount outlets, based in the south of the UK with 21 Stores and over 50 years of history.

We specialise in selling surplus discounted women's, men's and children's fashion, footwear, and home and furniture products from one of the UK's leading high street brands.

We are looking for a motivated, confident individual with fashion retail experience.

If you think you are the perfect candidate for the job then we'd love to hear from you. In return, we offer a competitive salary and great company benefits.

Email a CV and covering letter to
jobs@choicediscount.com
or call 01702 555245.



**Foot Care in
Cambourne**
T: 07850 023168

~ Toenails Cut &
Filed from £20 ~

~ 5-minute Fungal Nail testing ~
~ Lacuna TM Fungal Nail treatment ~
~ Hard Skin, Corns, Verruca, Diabetic
Assessment, Foot Pain, Ingrowing &
Thickened Toenails, Insoles ~



**The COLLEGE
of PODIATRY**



www.hcpc-uk.org

**Mrs Iryna Rowlands
BSc (Hons), Roman Rowlands**

WILLINGHAM & LONGSTANTON — SURGERIES —

Willingham Reception: 01954 260230;

Longstanton: 01954 207600;

Dispensary: 01954 207602;

Out of hours cover: ring 111;

Website: www.willinghammedicalpractice.nhs.uk.

Missed GP appointments – NHS England have recently published a report indicating that more than 15 million general practice appointments are being wasted each year, at a huge cost to the NHS. Around 1 in 20 (5%) are missed without enough notice to invite other patients. That's around 15.4 million missed slots. Of these, around 7.2 million are with busy family doctors, which adds up to more than 1.2 million GP hours wasted every year or more than 600 GPs working full-time for a year.

Each appointment costs an average of £30, adding up to more than £216 million pounds, to say nothing of the disruption for staff and fellow patients. This sum would pay for: the annual salary of 2,325 full-time GPs; 224,640 cataract operations; 58,320 hip replacements; 216,000 drug treatment courses for Alzheimer's disease; the annual salary of 8,424 full-time community nurses.

Unfortunately, this is a problem we experience at both surgeries. In December 2018, 102 patients did not attend their booked appointments with a GP or nurse, and we were unable to offer the appointment to someone else as we had no notice. This is an estimated average cost of £3,060*.

Due to demand, we can very often fill your appointment even with only an hours' notice, so please inform us if you are no longer able to attend or do not need your appointment.

Pill Checks – patients requiring repeat prescription of the contraceptive pill need to make an appointment with one of the practice nurses in order to get their prescription. Please book well in advance, as repeat prescriptions take up to 48 hours to process.

Yellow Fever – the surgery will no longer be offering the Yellow Fever vaccinations for those that are travelling to countries where the vaccination is recommended. Please contact your local travel clinic to find details of alternative Yellow Fever Centres.

Check Before you tick – a new campaign from the NHS aims to help people understand if they are entitled to free prescriptions and how to claim correctly to avoid penalty charge notices of up to £100. All you need to do is visit nhs.uk/checkbeforeyoutick to use the eligibility checker.

Carers Support Meetings – are held on the first Wednesday of every month. If you are a carer, please pop along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.

Cambridgeshire Hearing Clinics – next clinics at Willingham Surgery are on Wednesdays 20th February, 20th March and 17th April from 2–4pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

A&E is not an alternative to a GP appointment. If we are closed, please call 111.

— SUPPORT BEREAVED PARENTS —

Still birth and neo-natal death charity Sands is seeking volunteers to help out at your local Cambridgeshire Sands.

"I found out my baby had died just before Christmas.

There are no words to describe the utter despair I felt"

Sands is the leading stillbirth and neonatal death charity supporting hundreds of parents every year. We work nationally to reduce baby deaths through promoting better maternity care and funding research. We have a programme of training and a wealth of resources to support professionals to improve the bereavement care they provide following the death of a baby. We provide a comprehensive bereavement support service nationally through our FREE Helpline and locally through over 100 regional support Groups across the UK including your own Cambridgeshire Sands.

Losing your much longed for baby in late pregnancy or shortly after birth is the most traumatic and devastating trauma any parent can experience. A whole future is taken from that family. Sadly that happens only too often.

Currently 15 babies a day die in the weeks just before or after birth. Sands aims to care for those families with practical and emotional support for as long as they need.

Not all committee members have to be bereaved parents.

Cambridgeshire Sands is currently looking for new Committee members to help them run the Group and people to train as Befrienders. Sands support groups are run on a voluntary basis by people many of whom have themselves experienced the death of a baby. However not all Committee members have to be bereaved parents. As long as you have an empathy and interest in our work we would urge you to get involved. Befrienders, most of whom are bereaved parents, grandparents or close relatives or friends, are also needed to provide support to anyone affected by the death of a baby over the phone and in person at group meetings. The new befrienders must successfully complete Sands' befriender training, and a minimum of two years must have passed since their baby died.

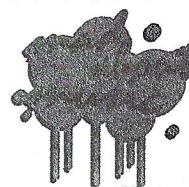
For further information on the roles or to find out more about the group contact Rose Abrehart, East Network Coordinator at Sands on 07707 480020 or email: rose.abrehart@sands.org.uk

15 babies a day die just before or shortly after birth – a shocking statistic.

About Sands: Sands is the leading stillbirth and neonatal death charity in the UK. They work nationally to reduce baby deaths through promoting better maternity care and funding research. They have a programme of training and a wide range of resources designed to support professionals to improve the bereavement care they provide following the death of a baby, and they provide a comprehensive bereavement support service both nationally through their helpline and locally through around 100 regional support groups based across the UK. Further information can be found at www.sands.org.uk

ANDY PURVIS — MAD ABOUT MUSIC

Specialising in rare CDs, LPs and music memorabilia. Collections bought and sold, good prices offered. T: 07798 642861;
E: andy.purvis9@btinternet.com
W: [facebook.com/madaboutmusic](https://www.facebook.com/madaboutmusic) –
[stores.ebay.co.uk/cddirect](https://www.ebay.co.uk/cddirect)

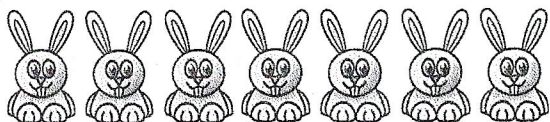


— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place.

We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more...

These sessions are not only for Childminders but also for any children aged 0–5 years and their parents/carers to attend – so come along and join us!

Government Funding for 3 and 4 year olds (15–30 hours per week) – 'Universal' and 'Extended'. Some of our Childminders are now registered to offer Government Funded places for children aged 3 & 4 years old (+ qualifying 2 year olds). The Funded hours each week can be shared between a Childminder and your child's Pre-school and/or Nursery. Below is a list of our Childminders – those who offer Government Funding have a letter 'F' before their name:

F	Kirsty	07584 168909
F	Jacky	07718 447998
F	Melanie	01954 204496
F	Terri	07846 018714
F	Kirsten	07906 218070
	Mandy	01954 204223
	Carol	01954 780238 – spaces

— NEIGHBOURHOOD WATCH —

Helping to build stronger communities where crime and antisocial behaviour are less likely to happen.



Remember: 999 where a crime is in progress or life is in danger; 101 to report ALL suspicions or concerns, for advice or to report a crime that has already happened.
nhwinbarhill@yahoo.co.uk

— BAR HILL PRE SCHOOL —

We are proud to offer high quality childcare and education to pre-school children in the village. We have been supporting the development of the children of Bar Hill since 1971.

We had an Ofsted inspection in December 2018 in which the inspector commented that:

Children settle quickly into the pre-school. They have good relationships with the staff. They are happy to join in with the daily routines.

Partnerships with parents are strong. They speak highly of the care that their children receive at the pre-school. They are happy that their children are making progress in their learning.

Staff know the children well. They observe children as they play, making accurate assessment of their learning. They use their interests to provide engaging activities that excite children. Children learn by exploring and investigating the world around them while taking part in the many sensory experiences provided both indoors and outdoors.

Staff are enthusiastic and interact effectively to promote children's learning. They confidently support children's early language development, including those children where English is an additional language.

We are very proud of our report, which can be found in full on the Ofsted website.

We are a charity and rely on not only the fees but also donations and fundraising events. We have recently been hit with two very large bills, one for a need to change the inside lighting and one to repair damage to the astroturf, in our much loved garden, which has been caused by tree roots. To try and help fundraise for these repairs, and also as an opportunity for families within the village to come and view our PreSchool, meet the staff and the committee to see if it is somewhere they would like to attend, we are holding a **'FAIRIES AND SUPERHEROES'** event on Thursday 21st February from 9.30–11.30am at the PreSchool (in the Village Hall). There will be mask, shield and wand making, biscuit decorating, scavenger hunts and many other activities to get involved with. The event is £3.50 for the first child and £1.50 for additional siblings. To book at ticket please contact vhmanager@barhillpreschool.co.uk or visit the Preschool at 3pm.

We look forward to meeting you.

Bar Hill Preschool staff and committee.

AUTO MOTO CLUB

www.automembership.co.uk

Would you like to save your time and money, and get access to:

FREE pickup of your car to MOT or Service*

FREE exhaust check*

FREE brakes check*

Airport parking up to 30% off Nationwide*

FREE Valet parking* in CBG, STN, LTN Airports?

Register NOW or order your service with
www.AutoMembership.co.uk and find out how we can help you.

07540 190529 / 01954 201805 / 01223 911647

www.AutoMotoClub.co.uk

helps drivers Nationwide *See Terms and Conditions

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

EXPRESS ROOFING SERVICES		
5-10 year guarantees	Flat Roofing Specialists	
	Emergency 24 hour Service	
	Roofing for over 25 years	
	* Insurance work	Prompt Reliable Service
	* Guttering * Facia Boards	
* Garages & Extensions		
	* Re-roofing & repairs	
	01487 841008	Mobile 07860 680550 37 Greenfields, Earith
		Competitive Rates

NOW OPEN in the Village of Over...
Dog Day Care... with a difference

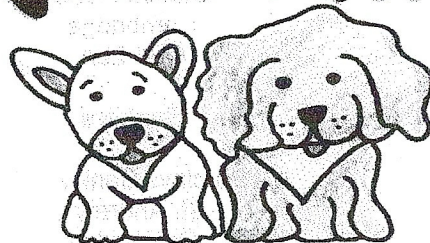
Opening Hours
Monday to Friday
7:30am - 6pm



Unit 17
Norman Way
Over CB24 5QE
07764 959238

PUPPY CLASSES - 6 WEEK COURSES
SPACES ALWAYS AVAILABLE.

Norman's



Take a look at what we all get up to each day on
our FACEBOOK PAGE... search for
'Norman's Dog Day Care'

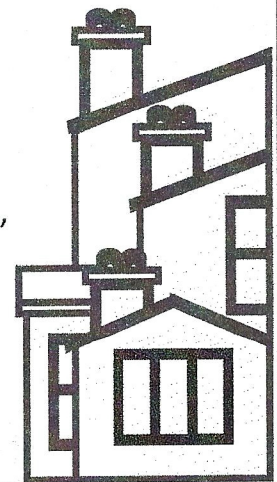
J T Carpentry & Joinery

General Domestic Carpentry & Small Building Work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & Timber Windows, Decking, Security Locks, Stud Walls, Insulation, Glazing, Cupboards.

City & Guilds Apprenticeship served with over 40 years experience.

Telephone 07846 847808

www.johnnytno1.moonfruit.com



**WE
KNOW
YOUR
BUYER**

Want to achieve the top
price for your property?

Can we help?

☎ 01954 781 411

8am - 10pm every day
haart.co.uk

A LOCAL
AGENT WITH
BUYERS &
KNOW-HOW

haart
BAR HILL

UniPlumb



We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
 - Boiler installations / replacements
 - Central heating power flushing
 - Repairs & maintenance
 - Shower installation
- Water softener installation
 - Underfloor heating
 - Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively visit our office at
117 Highfields Road, Highfields,
Caldecote, Cambridge CB23 7NX



Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

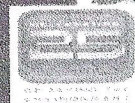
Your old 'G' rated boiler is wasting £450 a year



Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times.

Special offers for 2015



PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheat.uk.com



A Barrett & Son Electrical Domestic, Industrial & Commercial

Call Andy on 07735 615871 for:
Competitive Prices and First Class Service
All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection
Domestic, Industrial and Commercial

A Barrett & Son Electrical
85 Stonefield, Bar Hill, Cambridge, CB23 8TE,
United Kingdom
Mobile: 07735 615871
Email - barretts11@msn.com
ElecSA Reg No : EPP32673
Vat Reg No. 258 9429 52

Bar Hill Resident for over 40 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

Electrical Safety
Register



PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

Andrina B

the footcare specialist

Providing expert treatment in all aspects of foot healthcare in the comfort of your own home

Nail Cut • Callus • Athlete's Foot
Hard Skin • Corn Removal
Fungal Infections • Plantar Faciitis
In-Growing Toe Nail • Orthotics
Leg and Foot Massage

To book your appointment call Andrina on

07966 571 686

or email: andrinab@foot-care.co.uk

www.foot-care.co.uk

Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT
Register for Foot Health Practitioners Member

K & S SERVICES

Tel: 01954200869

Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling,
Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

**FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED**

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

• **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms

• **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens

FREE
ADVICE /
ESTIMATES

• **WE SPECIALISE IN** New Conservatories,
Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone **01954 201944**

Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH WE DON'T EXAGGERATE ON PRICE WE JUST SOLVE PROBLEMS

JASON KIRBY

Professional Painting
& Decorating Ltd

*A Professional Service
from Start to Finish*

Tel: 01954 211775

www.jasonkirbyltd.co.uk



PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

Skatz

HAIR DESIGN

and
**Bethan's Beauty
Shop**

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary



**P & P Home
and Garden**

Call 01954 782198 or 07954 372516

Email pphomeandgarden@hotmail.co.uk

www.pphomeandgarden.vpweb.co.uk

Friendly and reliable service.
We tailor our services to suit your needs,
Fully Insured

We offer

- **Cleaning Service**
- **Ironing Service**
- **Lawn mowing Service**

Weekly, fortnightly and monthly.



ENTIRE



The Complete Gas Heating and Plumbing Company

**Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance**

Tel: 01954 204044 • Web: www.entiregroup.co.uk

Email: service@entiregroup.co.uk

Cambridge Solar Ltd

Local, Friendly, & Professional since 2009

Contact us today for a quote.

01223 863 885

cambridge-solar.co.uk

Since 2009, Cambridge Solar Ltd has installed nearly 400 solar energy systems at homes and business around Cambridgeshire, including the Bar Hill Village Hall in 2014. We are committed to serving our community through honest, high-quality workmanship engineered to each client's goals.

**Winner: 2018 British Renewable Energy
Installer of the Year, from the REA**

**Winner: 2018 Solar PV Installer of the Year,
East of England Energy Efficiency Awards**

cambridge·solar

FIRST EXPERIENCES OF A SPECIAL OLYMPICS VOLUNTEER

"Be Bold, Be kind and Be Awesome!"

2018 Play Unified campaign

Special Olympics GB Anniversary Games 2018 Stirling, Scotland

Day 2 (continued)

Heavy rain here 6-10am. With another quick shower at 12.20pm. The footballers were in their element. Up too early for breakfast at the B&B so left for breakfast at the Stirling Court Hotel on campus. Just as well. I was approached by the Games Volunteer Co-ordinator, Mary, who asked me to become an on-call driver for the athletes. After breakfast I helped pack up the lunch bags with sandwiches before going to collect a hire car, a Ford 9-seater people carrier. First job was to take sponsorship banners to the Swimming Pool.

For lunch I bought myself a superfoods salad at the McRoberts cafe.

From 5.15pm I was driving the Scotland West boccia team from the sports hall to the dinner hall.

In Bridge of Allan we spotted a tapas bar called Crooks. Since my maiden name is Crook I asked for their 20% discount even though it was a little after the cut-off 6pm. We enjoyed a quick dinner then set off back to the campus to collect the athletes from dinner and take them back to the accommodation block, Alexander Court at the top of the hill past Airthrey Castle.

We returned to our B&B at 9pm and enjoyed a glass of wine with a pear and some peanuts. Set the alarm for 5.30am.

Day 3

At 6am, the car thermometer read 4°C. The sun was rising casting a golden glow on top of the mist on the fields. As I got nearer the campus the sunrise highlighted the Wallace memorial beautifully.

First pick up at 6.30am at The University, half hour drive away from my bed! Collected the West Scotland boccia team and took them to breakfast and returned to collect a second group to take them to breakfast.

Bagged myself a cuppa and a pain au chocolat at 7.30am from Hamish the mini javellin star from Eastern. Drove them from the Lodges to the campus for breakfast and returned to the top of the campus for the next group ready to go to breakfast. On the way I picked up Hamish again who was ready to go home. At 9am I returned to the volunteer hub at the hotel. Had my pain au chocolat and another cup of tea for breakfast and relaxed until 11am.

Invited to accompany the roving reporter attending the indoor bowling at Stirling. Chatted with a coach finding out the rules of the game. On our way back to the campus we diverted to Bridge of Allan for lunch at Jam Jar cafe. I nodded off in the car after lunch and stayed in the car for a 20 minute power nap.

When I arrived at the volunteer hub an appeal for a security guard at the car park came in, so off I went for a 2 hour shift. I had to explain to visitors why they couldn't enter and move the barrier for the official volunteers coming in with merchandise, athletes or arranged collection of athletes. At 4.30pm I walked around the lake, taking in the views of the surrounding hills and the Wallace Monument, on my way back to the "taxi" parked in the hotel car park ready for my evening shift.

At 5.15pm I collected the boccia team from the sports hall to take them up to their accommodation to get ready for the ceilidh. Our route was the 25km cycle road race course which was being measured and coned ready for the event.

— FEBRUARY BULLETIN — CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Register your appliances



Cambridgeshire Fire & Rescue Service is encouraging residents to register their appliances for a safer 2019. All you have to do is visit registermyappliance.org.uk and register large appliances bought in the last 12 years.

Registering appliances can instantly improve safety in the home as it ensures that householders can be contacted swiftly if a safety repair is ever needed or if an item is recalled by the manufacturer.

With many households relying on appliances every day to handle essential chores, chill food and cook for their families, this quick task can give you peace of mind.

As an incentive to encourage owners to register their appliances, many of the leading brands on registermyappliance.org.uk are offering to enter registrants into free draws for a range of desirable prizes. Appliances being registered don't have to be in warranty, or brand new to be applicable.

Get the call – become an on-call firefighter

We are looking to recruit more on-call firefighters to help serve local communities across the county.

CFRS is looking for men and women from all backgrounds to become on-call firefighters and provide emergency cover from either their home or their workplace.

On-call firefighters are a vital part of our service and community. They respond to a wide range of incidents, from fighting fires, attending road traffic collisions, animal rescues to supporting other emergency services. In addition to responding to emergency incidents, our on-call firefighters support their communities by providing information and advice on a range of community safety topics.

They receive an annual wage to reflect the time they commit to being available plus additional payments for attending incidents and drill nights (one evening a week for two hours).

It's a hugely rewarding role, and we hope to encourage members of the community from all backgrounds to get in touch and find out more about becoming an on-call firefighter.

To find out more about becoming an on-call firefighter and to get in touch with your local fire and rescue service visit: www.oncallfire.uk.

To find your local station please visit <http://www.cambsfire.gov.uk/find-a-fire-station-393.aspx>

For more information log on to www.cambsfire.gov.uk, follow us on social media or call 01480 444500.

Crazy Dog Lady Pet Services

Services include:

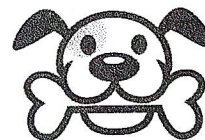
Dog walking

Other pets and puppy pop-ins

1-2-1 Training

Friendly, Reliable, Fully insured, DBS checked, APDT trained.

For more information and prices visit www.crazydogladyservices.co.uk or call Sarah on 07913 690021



— PARISH COUNCIL WEBSITE —

This is now available on www.barhillpc.org.uk

Lots of information and minutes of meetings.

Please contact the Clerk with any questions or suggestions.



— VILLAGE HALL —

01954 782892

Bar Hill Preschool is open 9am–3pm Monday to Friday, term time for children aged 2–5 years. We offer sessions through the Early years funding scheme, funded two's and accept childcare vouchers.

Our ethos is to ensure high quality care by focussing on each child's ability and interests, providing fun and exciting activities that children learn and develop skills through play in a safe and inviting environment.

Our keyperson and buddy system ensures every child is well supported by qualified practitioners who have a wealth of experience. We work in partnership with parents and our online learning journal supports this by providing families with regular information on the child's development and next steps identified, parents can upload evidence from home too and add their own comments.

Our inside area provides views across the village green in a inviting and welcoming atmosphere. Children can access toys and equipment independently. Skills are developed through activities and routines e.g. children help to prepare snack with safety knives and learn about how to stay healthy. Lunch clubs are a social time and adults sit at tables with children while they eat own packed lunch, encouraging friendships and social skills.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to exploring the mud kitchen, large sand pit and our sensory garden.

We welcome visitors from the local community that support our curriculum further.

Interested? You can find out more information on our website www.barhillpreschool.co.uk or call us on 01954 782892 to book an informal visit or for an application form.

House and Carpet Cleaning Services – 07495 910232
Gardening Services – 07427 341374

In case you were unaware, please see this article from the Dry Drayton village newsletter from last year:

"Tragic Incident and closure of permissive footpath.

The permissive path that runs from point a to point b on Drill Lodge, High Street Dry Drayton will be shutting permanently as of Sunday 17/6/18. This is due to dog attacks on our horses resulting in bite injuries and the subsequent death of our horse due to injury after running into our fence after being chased by a loose dog. If you could pass on this information please. Signs have been put up on the footpath accordingly. Police are involved and if dogs are caught on our land amongst our horses we are within our rights to protect them. Please, please, please keep your dog leashed when around livestock, it is a criminal offence to let dogs roam and can lead to prosecution, death of dog and a huge fine. As it is we are mourning the loss of Rudi who as a ex racehorse deserved to live in peace in his own field and not spend the last two hours of his life bleeding to death."

Please be cautious about letting dogs off the lead around the horses.

— COUNTY COUNCILLOR'S REPORT —

I hope that you all enjoyed the Christmas break and offer you my best wishes for a happy and healthy 2019. I am sure that the coming year will present many challenges and look forward to working with you all to address them.

The meeting in December gave approval to the Treasury Management Report for Quarter 2 and to a proposal from Constitution and Ethics that joint working should be established between Cambridgeshire & Peterborough Health & Wellbeing Boards. Approval was also given for the appointment of a replacement Cambridgeshire Chairman for the Board. Chairman of Council's announcements included news about awards made to the Council: the first was the achievement of a silver award in the Ministry of Defence's employer recognition scheme which the Council received for its support of the armed forces and their spouses/partners/families, reservists and veterans. The Council is a lead signatory to the Cambridgeshire Armed Forces Community Covenant. The Council's 'See the Difference' campaign, with its successful focus on the recruitment of staff to support people to live independently, saw it shortlisted from 420 national entries and awarded one of the 18 categories, that for best research and evaluation. The Council's summer programme for those with special educational needs won the National Citizen Service Award at the Children & Young People Now Awards. Now in its sixth year in Cambridgeshire, the programme is offered to all young people. The Council was recognised for its work in supporting 24 young people with special educational needs and disabilities who would not otherwise have been able to participate.

The additional funding for Health & Social Care recently announced by Government has been allocated to the commissioning of additional support services to alleviate winter pressure on the NHS. The £2.395m that was allocated to Cambridgeshire will be used to commission additional discharge car hours and reablement provision. The aim is to improve performance on discharging patients from hospital, freeing up beds and reducing waiting times for others. As a member of the Fire Authority I was pleased to see recognition of Station Commander Farsi Raoufi in the Queen's New Year Honours list for his services to equality and inclusion both in his role with Cambridgeshire Fire & Rescue Service [CFRS]. Inspired by the community support he himself received when he arrived in the UK at the age of fourteen, he spent time as a youth worker before joining CFRS in 1991.

During 17 years of volunteering he has supported young people and vulnerable adults in a variety of situations. In the last few weeks I have met twice with the A14 Cambridge to Huntingdon Improvement team. The first meeting was one of those I regularly have with them when we discuss and try to resolve some of the issues that residents have raised. The second meeting which Heidi Allen had requested was wider reaching and allowed me the opportunity of a tour of both the on and off-line works, at one point sitting watching traffic on the existing A14 from a vantage point on the new road. We were told that the project is currently on budget and on schedule.

Thank you to all of you who have been in touch recently. Please do continue to contact me with your views and questions on the issues that are important to you.

Lynda

lyndaharford@icloud.com; 01954 251775/07889 131022;

Follow me on Twitter: @2whit2whoo.

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

A. Denton

Painting & Decorating

High Quality



INDUSTRIAL

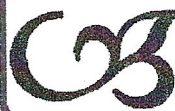
COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954
782472



Oakington Garden Centre

Large selection of plants, pots
and garden sundries

Open:

Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.

Tel. 01223 234818

Fax. 01223 236823

Email. oakingtongardencentre@hotmail.com



ARE YOU FED UP WITH THE A14 ROADWORKS?

Keep your car cleaner for longer, choose our...

WINTER PROTECTION

Complete Protection of Paintwork, Wheels & Glass
FROM £99

(Terms Apply. Ask for more details)

Other Services Include:

Luxury Valeting | Machine Polishing | Paint Protection

Call: 01954 232722

Email: info@optimumdetail.co.uk

Web: www.optimumdetail.co.uk

UNIT 18, NORMAN WAY

INDUSTRIAL ESTATE,

OVER, CB24 5QE

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

URBAN
CAR COMPANY

QUALITY USED CARS

- ★ All Cars Multi Point Checked
- ★ Finance Arranged
- ★ Extended Warranties
- ★ Cars Bought for Cash

Your *local* car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



Ash Croft Veterinary Surgery

HARDWICK

169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm
Saturday - 9.00 to 11.00am
Sunday - 10.00 to 11.00am

PAPWORTH

Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm
Saturday - 12.00 to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs

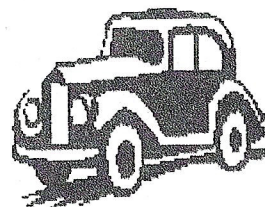
Open Monday - Friday 8am - 5.30pm - closed Saturdays and bank holidays

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Andy Kent, Andy's Kars Ltd,
6 Viking Way, Bar Hill, Cambridge, CB23 8EL
Tel: 01954 782666 Fax: 01954 789554
www.andys-kars.co.uk
enquiries@andys-kars.co.uk

**Honest advice with a smile,
we go the extra mile!**



— WILDLIFE TRUST —

Huntingdonshire Local Group

A Butterfly's Eye View of Conservation

We invite you to this talk on Wednesday 13th February at 7.30pm.

Our speaker will be Dr. Ed Turner, who holds several academic posts at the University of Cambridge. Ed has been involved with the Wildlife Trust since 2006 when he worked as Ecology Groups Officer on a project studying Duke of Burgundy Butterflies. Since then his research has concentrated on the impacts of deforestation and palm oil expansion in Southeast Asia. Ed has also been a Trustee for the Wildlife Trust since 2015.

All You Wanted to Know about Bats

We invite you to a talk on Wednesday 13th March at 7.30pm.

Our speaker will be Aidan Matthews, who works for the Wildlife Trust as the West Cambridgeshire Reserves Manager. He is also an active member of the Bedfordshire Bat Group. Aidan has an extensive knowledge about this group of mammals and for this talk, he will focus his attention on the many different bats found in our region. Aidan will also demonstrate the technology that is used for monitoring bats and will be pleased to answer any of your questions.

Both of these events will be at **Brampton Memorial Hall**, Thrapston Road, Brampton, PE28 4TB. The entrance charge is £2.50 (accompanied children free). Booking is not necessary. For more information please contact Tim on 01480 457795.

Registered Charity No: 1000412

— THE OLIVE TREE —

"The Olive tree" is a monthly bereavement Support Group in the Octagon from 10.30–11.30am on the third Saturday of the month, unless otherwise notified.

We are an informal and friendly group who aim to care for and support anyone who has had a bereavement whether recent or in the past. Coffee, tea, cakes and biscuits are part of the morning. A discussion about an aspect of bereavement will take place. There is a chance for a one to one talk in confidence with one of the leaders if needed.

We like to have a social event more than once in the year. It could be a shared meal, or a walk and lunch out or another social activity.

We value our members support and friendship and every ones' confidence is respected.

Dates for 2019:

16th February	17th August
16th March	21st September
20th April	19th October
18th May	16th November
15th June	21st December
20th July	

For further information please contact: Sue Kenchington 01954 780260 or Chris Stannard 01954 781978

ASHLEY'S BARBER SHOP

159 The Spinney, Bar Hill.

Mobile 07704 135888

36 years of experience. 12 years in Bar Hill.

Website: ashleythebarber.co.uk.

HEIDI ALLEN, MP

Happy New Year! As we embark on 2019, I am certain it promises to be another very full year.

My first meeting of 2019 was with Highways England (HE) to discuss the A14 and the A428 and was joined by Councillors Lynda Harford and Ruth Betson.

I asked for the meeting not only to be updated on the progress of the A14 but also to make HE aware of the concerns which residents and businesses have raised with me about the inconvenience created by the work.

When delivered, the A14 improvement scheme will provide significantly better infrastructure, but throughout the construction period, I am maintaining regular contact with HE to ensure inconvenience is kept to an absolute minimum. A detailed summary of the meeting is on my website – <https://www.heidisouthcambs.co.uk/news/heidi-allen-mp-puts-residents-concerns-a14-project-team>

As my newsletter can only ever be a snapshot of my work, I keep my website updated with details of what I am doing on your behalf. Why not take a look at <https://www.heidisouthcambs.co.uk/?>

At the beginning of January for example, I posted a video on the dedicated Brexit page in which I set out my views on the looming vote in the House of Commons on the Withdrawal Agreement. (By the time you read this, I'm hoping it will have been and gone!) At the end of 2018, we heard that Addenbrooke's is to get a new children's hospital. The need for a dedicated children's hospital in our region has been talked about for longer than I have been around, so it is wonderful that it will now be delivered. We all know Addenbrooke's is a centre of excellence and this new children's hospital will enable them not only to continue to provide first class care in a new purpose built hospital but will also free up valuable space in the existing building. 2019 also sees the opening of the Royal Papworth Hospital on the site and plans for a train station pick up pace!

Cambridgeshire County Council received a funding boost, taking the Council's funding allocation to £386.5 million. This is a very welcome boost to spending on services in South Cambridgeshire.

The Autumn Budget also announced £6,294,319 for Cambridgeshire for adult and children's social care to help alleviate winter pressures on the NHS.

I continue to press for improved funding for our schools, and am working on a new campaign to drive the message home hard to Ministers, ahead of this year's major Government spending review.

Cambridgeshire Police have seen an increase in their funding from central Government and in addition, the Police and Crime Commissioner (PCC) has launched a consultation on the Police's share of Council Tax for 2019/20. The PCC is proposing an increase to the Police's share of the Council Tax of £2 per month per household (based on a Band D property). Please have your say – <http://www.cambridgeshire-pcc.gov.uk/say-police-funding-cambridgeshire-2/>

If there is anything you would like to talk, my next "drop in" surgery (no appointment is necessary) is on Saturday 9th February between 10.30–12.30pm at Caxton Village Hall, Gransden Road, Caxton, CB23 3PL. My next "by appointment" surgery will be Friday 1st March between 3–5pm at Melbourn Community Hub, 30 High Street, Melbourn, SG8 6DZ. If you would like an appointment, please call my office on 01223 830037. I can also be contacted at E: heidi.allen.mp@parliament.uk.

— DISTRICT COUNCILLOR NOTES —

Council borrowing cap lifted for Council Houses

In this year's autumn budget, the Chancellor gave confirmation that the cap on the amount authorities can borrow to invest in new Council homes will be lifted. The borrowing cap has been widely seen as the greatest restraint on the ability of Councils to build new homes. The HRA – Housing Revenue Account – is a ringfenced budget which operates separately from the Council's other operations. The HRA gets its income from tenants in the form of rents and service charges, and the money it spends is for maintaining existing housing stock and increasing that stock (i.e. building more homes). Currently councils are limited to how much they are allowed to borrow which is far tighter than the value of their assets (e.g. the housing stock). These limits or cap on borrowing were originally introduced as a means to control public borrowing. Clearly councillors and councils will need to exercise caution when borrowing money to invest in the HRA, with a clear business plan and vision of what can be achieved that is manageable in the long term. I believe that this change by the Government to allow councils to borrow could have a huge impact in getting some councils increasing their own stock. Even with the borrowing cap in place, the authority has amassed extensive experience in building high-quality Council homes. 100 have been built in South Cambridgeshire, or have started being constructed, since 2015. This includes new affordable housing already completed in Gamlingay, Swavesey, Linton, Foxton, Great Abington and Waterbeach. On top of this, the Council already has plans for up to a further 200 new Council houses to be built across the district over the next five years, including in Waterbeach, Teversham, Caldecote, Great Abington and Hardwick.

The Council is looking forward to receiving the full detail so that it can build more desperately needed homes across South Cambridgeshire.

Single Person Discount for Council Tax – Reminder

It's that time of year that Council Tax bills will be dropping on your doormat. If you are the only adult living in a property that is classified as your main home then you may qualify for a 25% discount on your Council tax bill. If you would like to apply for Single Person Discount please complete an online application or contact: revenues@scambs.gov.uk or 03450 450064.

Tackling Loneliness

South Cambs has an online toolkit offering advice and guidance for setting up new activities which can combat loneliness. It tells you where you can get help and there are some case studies of 12 local and inspiring projects, set up by small groups of people volunteering their time and enthusiasm.

www.scambs.gov.uk/community/a-toolkit-for-tackling-social-isolation-and-loneliness/

Please contact me if you need any information or advice on these notes or other queries. Bunty Waters 01954 201421/ 07734 690580 – cllr.waters@scambs.gov.uk or bunty.waters@ntlworld.com

BAR HILL, A SOCIAL HISTORY, 1949–2004

by Roger Hall.

Copies are still available, priced £10.00, from Roger Hall, 11 Almond Grove, tel. 01954 80304 or 07986 415244

PRIME BRASS CONCERT

Saturday 9th February 2019 In the Church at 7.30pm

We are pleased to announce the return of this popular and talented group.

Tickets, at £7 including a glass of wine, will be on sale after Christmas in church after the service or you can phone to reserve some from Malcolm 01954 488657 or Sue 01954 780260. There will also be fairly priced refreshments to purchase in the interval.

These concerts are always appreciated not least because they happen here in the village which avoids driving and parking.

Come and join us for an uplifting evening in friendly company.

ABSOBEAUTI – BEAUTY SALON

Local business in The Brambles

By appointment only;

Monday–Sunday opening.

Call Sharon: 07967 610482

- Minx Foil Nails, Manicures/Pedicures, Nail Art/Design.
- Shellac/IBD/Gelation Nail Polish (*lasts up to 14 days*): £19.00;
- St Tropez Spray Tans: £15.00;
- Eyelash Lift with free eyelash tint: £20.00;
- Eyebrow shape and tint: £12.00;
- Eyelash tint: £10.00.

PLAYPALS BABY AND TODDLER GROUP

Meet Wednesdays and Fridays*

At Bar Hill Church Octagon

9:45–11.15 am

*Term-time

Under 1s £1.50; Over 1s £2.50; Family £3.50.

Your first session free!

Can you help? We are looking for kitchen volunteers to give an hour of time during our sessions to help prepare snacks and drinks. If you are interested please contact:

helen.j.bishop@gmail.com



Scouts

1st Bar Hill

As Scouts, we believe in preparing young people with skills for life. We encourage young people to do more, learn more and be more. Each week, we help young people enjoy fun and adventure while developing the skills they need to succeed, now and in the future.

Young people in the Scouts take part in an exciting programme of activities from kayaking to coding. They develop character skills like resilience, initiative and tenacity; employability skills such as leadership, teamwork and problem solving; and practical skills like cooking and first aid. Groups meet at Bar Hill Scout Hut (near the Sports and Social Club):

Beavers (Ages 6–8): Thursdays. Contact: stuart.saunders@barhillscouts.org.uk

Cubs (Ages 8–10.5): Mondays. Contact: Akela1stbarhill@gmail.com

Scouts (Ages 10.5–14): Fridays. Contact: Nathan.hills@barhillscouts.org.uk

Please note that waiting lists operate for the younger sections.

- Are you struggling to lose weight?
- Do you want a weight loss programme that's flexible enough to fit in with your lifestyle?
- Do you want one to one support? No classes to attend
- Are you ready to improve your wellbeing and confidence?

Cambridge Weight Plan could be exactly what you are looking for!

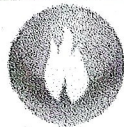
If you would like some advice without obligation, contact Kerry on 07884 358718 or email dbacoaching@gmail.com

Begin your weight loss journey and help change your relationship with food

Cambridge

Weight Plan™

Independent Consultant



Jim Edwards

Gas appliances, Plumbing and Heating
Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk



Alpha Car Airport Transfers

Travel in comfort to and from London airports in 4, 6 and 8 seater luxury. Avoid the hassle of airport parking at prices you can afford. We regularly operate airport trips and also bespoke trips to London and all over the UK.

01954 23 23 00
 info@alphacarsonline.co.uk

Alpha Cars, Longstanton, Cambridgeshire

ELITE

TEL: 781937 MOB: 07986392611

**43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST**

- * FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

**WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE REQUIRE-
MENTS**

e-mail: dean.mills2@hotmail.co.uk

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



IJC we've got your home improvements covered

WE'RE HIRING!
Contact us for permanent or subcontract vacancies

PLUMBING & HEATING

- fit a new boiler
- upgrade your heating system
- annual service for your boiler

BUILDING SERVICES

- bathroom & kitchen installation
- new build
- home renovation



IJC is a family run Cambridgeshire business with over 30 years' experience.
We offer a comprehensive range of domestic and small commercial works across all forms of building, plumbing, heating and renewable services.

call: **01954 782920**
or visit: www.ijcbuildingservices.co.uk
45 Viking Way, Bar Hill, Cambridge, CB23 8EL

Rothwell's
Carpet Cleaning

Carpet Cleaning
& Stone Floors, Upholstery, Rugs
A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.
Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.



NCCA
NATIONAL CARPET CLEANING ASSOCIATION
M2391

Call Oliver and Max Campbell
for expert help today.
01223 832 928 www.Rothwells.biz

M & M
Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works



01223 691599
07766 281962/07832 261791
info@mandmheating.co.uk
www.mandmheating.co.uk
10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB

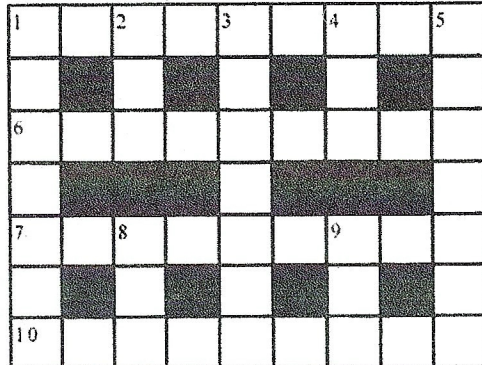


Gas Safe Register

— FEBRUARY CROSSWORD —

Across: 1. echoed, 6. Saint for February, 7. type of compost, 10. hurried.

Down: 1. turn, 2. Spanish sun, 3. anonymous, 4. Welshman's name, 5. feared, 8. type of snake, 9. treatment to preserve milk.



DECEMBER'S SOLUTION

Across: 1. Christmas, 6. "and the ivy", 7. odd job man, 10. semesters.

Down: 1. chamois, 2. red, 3. schools, 4. Mai, 5. sayings, 8. dam, 9. MBE.

— BIN COLLECTION —

31st January blue
7 February black
14 February blue and green
21 February black
28 February blue
7 March black
14 March blue and green
21 March black
28 March blue and green
4 April black
11 April blue and green

— THE ALLOTMENT SOCIETY —



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on

07788 590348.

All other allotment matters should be addressed to: barhillallotment@gmail.com.

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	Rob Lawrence	07788 590348
Bar Hill Church	Minister: Charles Mather	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Community Car Scheme		07496 465330
Bar Hill Cricket Club	Paul Stimpson	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter,	Sue Kenchington	01954 780260
Holiday@Home		
Community Market	Karen Austen	01954 781085
County Councillor	Lynda Harford	01954 251775
	lyndaharford@icloud.com	07889 131022
Councillor, Parish Council,	Bunty Waters	01954 201421
Residents' Association, Catholic Church contact,		07734 690580
Bar Hill News Advertising	bunty.waters@barhillpc.org.uk	
Parish Council,	Roger Hall	01954 780304
Residents' Association		
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Powell	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	Office	01223 830037
Office address:	Broadway House, 149-151 St Neots Road, Hardwick CB23 7QJ	
Library – renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Over Day Centre	Hayley Smith, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
	clerk@barhillpc.org.uk	
Post Office		01954 789285
Pre-School		01954 782892
Roman Catholic Church	Rt. Rev. Mgr Canon Harkness	01223 350787
Royal British Legion,	Wendy Arrowsmith	01954 781381
Health & Wellbeing at Tesco		
Samaritans		01223 364455
Swavesey Village College		01954 230366

— FEBRUARY PUZZLE —

Form nine, nine letter electronic terms, in groups of three letters, in alphabetical order.

A	M	O	I	E	R	R	I	S					I	F		
A	M	P	L	A	B	T	E	R					O		T	
A	R	D	L	E	C	T	E	R					P		E	
B	O	L	L	I	F	T	O	R							T	
C	O	M	N	T	H	T	O	R							T	
D	Y	N	O	M	E	T	O	R						I		
E	N	T	P	O	N	T	H	Y					B			
F	L	U	P	L	U	X	M	E					L			
G	B	O	R	E	F	Y	R	I					R	I	S	T

Solution for December: CELEBRATE, CHESTNUTS, DECORATES, EVERGREEN, FIREPLACE, FRUITCAKE, GREETINGS, MISTLETOE, SNOWFLAKE.

SEWING SERVICE



If you have a sewing job you can't face, call Lyn on 01954 201113.

NOTICE – PARKING

Please report any concerns regarding inconsiderate parking direct to the Police on <http://tinyurl.com/SouthCambs-Parking>

Just state village, street, and the nature and effect of the problem including vehicle registrations, dates, times, paths, verge, etc. and press **submit** – Thank you.

— EVENTS CALENDAR —

date	event	where	time
1 Feb	Charity Quiz for Sarcoma UK (page 8)	BHSSC	7.30pm
2 Feb	Glamtastic in the village hall (page 8)	Village Hall	8pm
4 Feb	Happy Hours – sing-a-long (page 3)	Octagon	11am–3pm
5 Feb	Rhymetime (page 4)	Library	2.15–2.45pm
5 Feb	Residents' Association Committee meeting (page 1)	Parish Council office	7.30pm
7 Feb	NWR – Natural Phenomena (page 3)		8pm
7 Feb	8 O'Clock Club – development of Ely Cathedral (page 3)	School	8pm
9 Feb	Storytime (page 4)	Library	11–11.30am
11 Feb	Happy Hours – Your favourite love story/film/song (page 3)	Octagon	11am–3pm
12 Feb	Rhymetime (page 4)	Library	2.15–2.45pm
12 Feb	Health and Wellbeing Club (page 3)	Tesco Community Room	2–4pm
15 Feb	Valentine's disco (page 8)	BHSSC	7.30pm
16 Feb	The Olive Tree (page 25)	Octagon	10.30–11.30am
18 Feb	Happy Hours – Pictionary (page 3)	Octagon	11am–3pm
19 Feb	Rhymetime (page 4)	Library	2.15–2.45pm
21 Feb	Fairies and Superheroes event (page 16)	PreSchool (Village Hall)	9.30–11.30am
21 Feb	NWR – Hair and Wigs (page 3)		8pm
25 Feb	Happy Hours – Did You Know? (page 3)	Octagon	11am–3pm
26 Feb	Rhymetime (page 4)	Library	2.15–2.45pm
26 Feb	Bar Hill Book Club (page 3)	BHSSC	7.30pm
2 Mar	Community Market (page 3)	Octagon	10.30am–2pm
2 Mar	Charity Quiz for Jos Cervical Cancer Trust (page 8)	BHSSC	7.30pm
4 Mar	Happy Hours – Pancake Art (page 3)	Octagon	11am–3pm
7 Mar	NWR – Talk by John Drayton, MBE (page 3)		8pm
7 Mar	8 O'Clock Club – history of salt (page 3)	School	8pm

SINGING and PIANO TUITION

- Singing for pleasure,
 - Teaching through the ABRSM grades and diploma,
 - Support with GCSE and A level music.
- Highly experienced, qualified voice coach and professional classical singer is offering singing and piano tuition. Beginners and advanced are welcome.

Julia Parrott pprncm
07378 173037—call for more information

MATHS TUITION

My name is Ashley Bell. I am a 37 year old male offering Maths tuition. I have an honours degree in education, so along with my experience of working in mainstream and SEN schools, I can adapt my approach to fit the needs of your child.

I can tutor any age up to GCSE Level, whether that be exam preparation, preparation for a new school/new year, or just general Maths tuition.

I am on the DBS Update Service, so no need for new checks. Contact me at ashleybellaf@gmail.com or 07432 015314.

Rates: £15 per hour.

FOR SALE

- Paper Shredder – £10
 - Crock Pot (3.5 litres) – £10
 - Cane Easy Chair – £8
 - Free-standing Radiator (Cream, plug-in) – £10
 - 6-piece Knife Set in wood block (Sheffield Lazor) – £8
 - 2 Table Lampshades (Cream) – £8
 - 3 Tier chest of drawers (Cream) – £12
 - Upright Suitcase with wheels (36" x 17") – £10
- Tel: 01954 204366



JLB Chip Repairs

Insurance and non-insurance customers welcome. Save the cost of a new windscreen by having any windscreen chips repaired. Mobile service available.

Contact Justin on 07525 943962 or jbchiprepairs@gmail.com

JLB Chip Repairs

JLB Chip Repairs Limited is a franchise of Optic-Kleer Ltd

Little Kickers

Approved football training for kids aged 18 months to their 7th birthday.

Classes are running at Bar Hill Village Hall and all around Cambridgeshire.

For information, or to arrange a **free** taster class, contact Ashley at Little Kickers South and East Cambridgeshire on:

T: 07928 765121; E: ajordan@littlekickers.co.uk.

W: www.littlekickers.co.uk.

Facebook: www.facebook.com/LKCambridgeshire.

... did you know ...

80% of the world's food crops are pollinated by insects?